

LIGHTHOUSE CHRISTIAN SCHOOL

Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2022-2023

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Tia Sierra at 608-441-9408

Section 1: Policy Assessment

Overall Rating:
100

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
SM1	2
SM2	2
SM6	2
SM7	2
SM8	2

Nutrition Promotion	Rating
NS6	2
NS7	2
NS8	2
NS9	2
NS10	2

Nutrition Education	Rating
NE1	2
NE2	2
NE3	2
NE4	2
NE6	2

Physical Activity and Education	Rating
PEPA1	2
PEPA2	2
PEPA3	2
PEPA4	2
PEPA5	2

Other School-Based Wellness Activities	Rating
WPM1	2

Other School-Based Wellness Activities	Rating
WPM2	2
WPM3	2
WPM4	2
WPM5	2

Policy Monitoring and Implementation	Rating
IEC1	2
IEC2	2
IEC3	2
IEC4	2
IEC5	2

WellSAT Scores

WellSAT scores are calculated for comprehensiveness and strength. The comprehensiveness score reflects the extent to which recommended best practices are included in the policy. The strength score reflects how strongly the policy items are stated. Scores range from 0 to 100, with lower scores indicating less content and weaker language and higher scores indicating higher content and the use of specific and directive language.

Comprehensiveness Score:
{100}

Strength Score:
{100}